MISSOULA COUNTY HELP LIST

2-1-1

Call 2-1-1 or (406)549-5555

A telephone information and referral line. 2-1-1 is the information and referral service that can provide the vital link between people with questions or problems, and the social services in the community available to meet their needs. Trained staff analyzes questions or problems and refer you to the proper agencies and organizations that may be able to help. Web: https://montana211.org/

549-HOPE

Call (406) 549-HOPE or (406)549-4673

Knowledge of resources available in the community and surrounding area, to help individuals and families in need and in crisis and connecting those clients to the resource which best fits their need. Web: https://www.hopemontana.org/549-hope/

EMERGENCY SHELTER

POVERELLO CENTER 1110 West Broadway St. 406-728-1809

Nightly check in 8:45pm. Adults only. Provides day services 6:00am - 8:00pm

YWCA 1800 S. 3rd St W **406-543-6691**

Emergency food & shelter for domestic violence victims. Shelter location not public. Walk-in at 1800 S. 3rd St W. Crisis Line 1-800-483-7858 or 542-1944 (24hrs.) Web: ywcaofmissoula.org

SALVATION ARMY 355 S. Russell **406-549-0710**

Limited lodging may be available at Salvation Army to clients in emergency situations who do not qualify for emergency lodging from other resources.

ASSISTANCE PROGRAMS

OFFICE OF PUBLIC ASSISTANCE 2677 Palmer, Suite 100 **1-888-706-1535** TANF, SNAP (food stamps), Medicaid services. Open 8:30am to 5pm Monday through Friday. Web: www.dphhs.mt.gov/hcsd/ Hours may vary due to COVID.

SOCIAL SECURITY ADMINISTRATION 3701 American Way

Social Security, Supplemental Security Income (SSI), Supplemental Security Disability (SSDI) and Medicare. 9:00am to 4:00pm Monday, Tuesday, Thursday & Friday; 9:00am-12:00pm Wednesday. Helpline: 1-800-772-1213. Web: www.ssa.gov

Hours may vary due to COVID.

CHILD CARE RESOURCES

500 N. Higgins Avenue, #202 **406-728-6446** providers. Assists parents choose quality day care.

Provides list of registered/licensed day care providers. Assists parents choose quality day care. Free to low-income clients. Resource library available to parents and day care providers. Administers state-pay childcare for persons on TANF receiving education or job training & state-pay for low-income working families. Sliding scale co-payment based on income. Monday through Friday 8:00am to 5:00pm. Web: www.childcareresources.org Hours may vary due to COVID.

MISSOULA JOB SERVICE

539 South 3rd Street West

406-728-7060

Provides assessments, vocational guidance, referral & placement. Listing of local, state & federal jobs. Job training available for eligible persons. Hours: 7:30am to 6:00pm Monday, Wednesday, Thursday & Friday and 9:00am to 6:00pm Tuesday. Office hours may vary due to COVID. Web: https://montanaworks.gov/job-service-montana

MISSOULA AGING SERVICES 337 Stephens Ave 406-728-7682

Hours: Monday – Friday 8:00am – 5:00pm. Services range from providing Meals On Wheels for homebound adults, to teaching New to Medicare classes, to providing respite care for caregivers. Able to make a complex system of services more easily accessible through education, referrals and individualized, person-centered services. Contact to find out how MAS can help. Hours may vary due to COVID.

VOLUNTEERS OF AMERICA 2801 S. Russell St., Suite 18 **406-926-3600** VOA is a non-profit organization that manages a grant from the Veteran Administration (VA) and Housing Urban Development (HUD). The grant is called Supported Services for Veterans and Families (SSVF). Eligible veterans (and their households) who are homeless or at risk of becoming homeless are provided short-term financial assistance and service coordination related to housing. VOA is CARF accredited. Hours: 8am-5pm Mon-Fri. Hours may vary due to COVID.

SUMMIT INDEPENDENT LIVING 700 SW Higgins, Suite 101 **406-728-1630** Hours: Monday – Friday 8:00am – 5:00pm. Summit Independent Living is a non-residential private, non-profit organization that offers a wide range of services designed to give people with disabilities the tools and resources that are needed to improve independence, self-confidence, knowledge, skills and access to community resources. Hours may vary due to COVID. https://www.summitilc.org/

OTHER

MONTANA LEGAL SERVICES 1535 Liberty Lane, Suite 110D **1-800-666-6899** Hours: Monday- Friday 9am-1pm. <u>www.montanalawhelp.org</u> Hours may vary due to COVID.

MONTANA FAIR HOUSING www.montanafairhousing.org **1-800-929-2611** Montana Fair Housing is a private, full service, non-profit organization dedicated to the elimination of housing discrimination, and the advancement of civil rights.

FOOD

POVERELLO CENTER 1110 West Broadway St. 406-728-1809

Three meals served daily. Breakfast: 6am to 7:30am daily; Lunch: 11:30am to 1:45pm; Dinner: 5:00pm to 6:30pm daily. Food pantry distributed Monday, Wednesday & Friday from 5:30pm to 7:00pm Web: www.poverellocenter.org Hours may vary due to COVID.

MISSOULA FOOD BANK & COMMUNITY CENTER

1720 Wyoming St. **406-549-0543**

Hours are 10:00 a.m. to 7:00 p.m. Monday, Tuesday, and Thursday, and 10:00 a.m. to 1:00 p.m. Wednesday and Friday. 3-day emergency supply of food, meant to supplement other food sources. 1x per calendar month for a full shop, and a 2nd time for perishables only shop.

Web: www.missoulafoodbank.org Hours may vary due to COVID.

SALVATION ARMY 355 S. Russell **406-549-0710**

Open Monday-Thursday 9:00am to 3:00pm. Food Pantry & meals may be available. Call for details. Web: www.missoula.salvationarmy.org Hours may vary due to COVID.

CHRISTIAN LIFE CENTER 3801 Russell 406-542-0353

Food Pantry open on the 2nd & 4th Monday of the month from 4:30 pm – 6:00 pm (except holidays). Located behind church. Call for more details. Web: https://missoulachurch.com/ Hours may vary due to COVID

CLARK FORK CITY FOODS 2811 Latimer 406-721-7804

Open Door Pantry 10:00am to 12:00 Saturdays. Provides canned and frozen food, soap toiletries, diapers, personal hygiene products, etc. Call for more details. Hours may vary due to COVID.

WIC 301 W. Alder **406-258-4740**

Supplemental foods, nutrition education and referrals for health & social services. Those caring for young children including mothers, fathers, grandparents, legal guardians and foster parents are encouraged to apply to the Montana WIC Program. Call for clinic sites & appointment. Hours may vary due to COVID.

HEALTH CARE

PARTNERSHIP HEALTH CENTER 401 Railroad St. W. 406-258-4789

Health clinic offering a wide range of basic medical, behavioral health & dental care, pharmacy & lab. Care provided on a sliding fee. Call for hours and appointments. www.partnershiphealthcenter.com

POVERELLO CENTER 1110 West Broadway St. 406-728-1809

Medical Services through the Healthcare for the Homeless Clinic. Call for more information. Web: www.poverellocenter.org

ALL NATIONS HEALTH CENTER 830 West Central Ave 406-829-9515

Provides a variety of culturally attuned medical services and procedures for adults, children, and families Medical services are informed by Indigenous knowledge that enables us to provide holistic healthcare to all our patients. Transportation services may be provided. Call for more information. Hours may vary due to COVID. Web: https://www.allnations.health/

CLOTHING & FURNITURE

BARGAIN CORNER THRIFT STORE 200 California St 406-543-4926

Open 10:00am to 5:00pm Monday-Saturday. Clothing, household goods and limited furniture. Call for more information. Hours may vary due to COVID.

YWCA SECRET SECONDS www.ywcaofmissoula.org

North: 1136 W. Broadway, 406-549-1610; **South:** 920 Kensington, (406) 541-3210

Open10:00am to 6:00pm Monday through Saturday and 10:00 to 4:00pm Sunday.

THE UNDERGROUND THRIFT STORE 705 S. Higgins 406-543-7154

All proceeds support Missoula Senior Center. Open 10:00am to 3:00pm Monday-Saturday. Hours may vary due to COVID.

TEEN CHALLENGE THRIFT STORE 2036 Mullan Rd **406-728-1171** Open 10:00am to 6:00pm Monday through Saturday. Used clothing, household goods and some furniture. Hours may vary due to COVID.

HOPE THRIFT BOUTIQUE 702 SW Higgins **406-728-5538**

Open 10:00am to 5:00pm Tuesday – Friday; 10:00am – 4:00pm Saturday

Clothing, household items and some furniture. Web: https://www.hopemontana.org/hope-thrift-boutique/ Hours may vary due to COVID

GOODWILL 2501 S. Reserve St. **406-549-6969**

Open 10am to 7pm Monday through Saturday, 11am-6pm on Sunday.